

# 2016 NEW MENU OFFERINGS

— *Seasonal Specialty Coffee* —  
(order in increments of 5)

- Caramel/Hazelnut Coffee

— *Specialty Sandwiches* —

- Asian Chicken Wrap with Thai Peanut sauce
- Chicken Cutlet with provolone, sautéed spinach and roasted peppers
- Jerk Vegetable Cubano Panini – grilled vegetables with jerk spiced rub and swiss cheese
- Falafel Sandwich – wheat pita pocket with hummus, falafel, lettuce, tomato, cucumber and Kalamata olive

— *Side Salad* —

(vegan & gluten free – minimum 10 guests)

- Roasted Sweet Potato Salad – dried cranberries, scallion, pumpkin seeds with a lime agave cilantro dressing

— *Hot Luscious Lunch* —  
(vegan entrée – minimum 15 guests)

- Quinoa Stuffed Peppers in roasted pepper tomato sauce

— *Mediterranean Farro Salad* —  
(vegan – minimum 10 guests)

- Farro, lemon vinaigrette, cucumber, tomato, Kalamata olives & basil. **Boxed lunch on baby greens with grilled zucchini and peppers.**

— *South American Rice & Beans Salad* —  
(vegan & gluten free – minimum 10 guests)

- Rice, green pepper, black beans, tomato, corn, cumin, lime, cilantro. **Boxed lunch on baby greens with grilled red onion and peppers.**

## MEDITERRANEAN LUNCH A-LA-CARTE MENU EACH SERVES 8-10

Hummus . . . . .	\$13 / QT BOWL
Sundried Tomato and Basil Hummus . . . . .	\$14 / QT BOWL
Spicy Chipotle Hummus . . . . .	\$14 / QT BOWL
Roasted Pepper Hummus . . . . .	\$15 / QT BOWL
Baba Ganoush . . . . .	\$16 / QT BOWL
Marinated Roasted Peppers . . . . .	\$10 / QT BOWL
Cubed Feta Cheese . . . . .	\$10 / QT BOWL
Grilled Pita Bread . . . . .	\$9 / 10 PC
Pocket Pita Bread . . . . .	\$12 / 10PC
Pitted Kalamata Olives . . . . .	\$7 / 12OZ BOWL
Falafel . . . . .	\$18 / 24PC
Lemon Tahini Yogurt Sauce . . . . .	\$10 / QT BOWL



## PhillyFIT

**Overnight Oats (minimum order of 10, in increments of 5)** . . . . . \$2.95 ea  
Healthy, high energy, breakfast option (vegan, served chilled). **Must be ordered 48 hours in advance.**

**Ingredients:** Banana, Almond Milk, Old Fashioned Oats, Peanut Butter, Vanilla

**Choose your topping combination:**  
(MINIMUM ORDER: 5 OF ANY TYPE)

- Peanut Butter / Chocolate Chip
- Strawberry / Almond
- Blueberry / Walnut
- Raisin / Brown Sugar
- Peanut Butter & Jelly



Philadelphia  
CATERING CO.