

# BUDDHA BOWLS

Try our new tasty, energy packed and healthy buddha bowls. All individually packaged!  
 Minimum of 15 per type | \$13.95 per person  
 -Chicken can be substituted for any protein.



## INDIAN INSPIRED

Baby Spinach  
 Basmati Rice  
 Cilantro Sprigs  
 Coconut Curry Chickpeas  
 Seared Tri-Colored Peppers  
 Roasted Sweet Potatoes with Cilantro  
 Indian Spiced Yogurt Dressing  
**Dietary: Veg | GF**



## JAMMIN' JAMAICAN

Wild Rice Blend  
 Jerk Spiced Shrimp  
 Roasted Sweet Potatoes  
 Black Beans  
 Red Cabbage  
 Guacamole  
 Ranch Dressing  
**Dietary: P | GF**



## TROPICAL ISLAND

Brown Rice  
 Ginger Glazed Tofu  
 Shredded Carrot  
 Edamame  
 Steamed Broccoli  
 Pineapple  
 Asian Sesame Dressing  
**Dietary: V | GF | DF**



## MEDITERRANEAN

Romaine Lettuce  
 Falafel  
 Roasted Cauliflower  
 Diced Tomatoes and Cucumbers  
 Hummus  
 Feta  
 Lemon Herb Tahini  
**Dietary: Veg | GF**



## ROCKIN' MOROCCAN

Kale  
 Quinoa  
 Lentils  
 Cumin Spiced Carrots  
 Red Cabbage  
 Charred Tri-Colored Peppers  
 Sriracha Yogurt Dressing  
**Dietary: Veg | GF**



## TUSCAN STYLE

Farro  
 Arugula  
 Pan Seared Portobellos  
 Roasted Butternut Squash  
 Cucumbers  
 Grape Tomatoes  
 Balsamic Vinaigrette  
**Dietary: V | DF**

**V = Vegan**  
**Veg = Vegetarian**  
**P = Pescatarian**

**GF = Gluten Free**  
**DF = Dairy Free**

