Nutritional Information - Executive Sandwiches

Philadelphia CATERING CO.

Menu Item	Serving Size	Calories	Cals from fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Choloesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	Vegetarian	Vegan	Gluten Free	Contains Egg	Contains Dairy	Contains Soy	Contains Tree Nuts	Contains Peanuts	Contains Fish	Conatins Shellfish	Conatins Sesame	Additional info
CAPRESE SANDWICH	8.53 OZ	611	280	34	17	0	60	982	48	2	2	28	X					X						
CHICKEN CUTLET SANDWICH	11.49 OZ	710	268	31	12	0	94	1422	74	3	15	34				X	X	X						
FALAFEL SANDWICH	8.64 OZ	421	78	19	3	0	0	824	53	4	5	12	X	X				X						
GRILLED CHICKEN CAESAR WRAP	8.89 OZ	537	138	20	5	0	153	736	32	1	0	51					X	X			X			
INSALADA SANDWICH	11.16 OZ	650	299	36	17	0	60	761	53	3	4	28	X				X	X						
MIDDLE EASTERN WRAP	7.39 OZ	304	79	13	3	0	0	412	39	4	3	7	X	X				X						
MUFFELATTA SANDWICH	10.42 OZ	467	296	33	10	0	101	2207	16	1	9	32					X	X						
ROAST BEEF DELUXE SANDWICH	10.25 OZ	528	164	19	6	0	113	1583	46	2	3	46				X	X	X						
SICILIAN SANDWICH	9.75 OZ	444	153	20	6	0	24	927	54	4	5	17	X				X							
SOUTHWEST CHICKEN SANDWICH	7.57 OZ	835	399	45	15	0	178	946	52	1	13	48				X	X	X						
SWEET AND SPICY FRIED CHICKEN WRAP	9.64 OZ	501	145	21	18	0	45	1673	57	2	7	21					X	X						
TURKEY DELUXE SANDWICH	7.83 OZ	580	169	20	7	0	109	1754	59	2	19	37				X	X	X						

DISCLAIMER

Nutritional information is based on standard recipes and uses the latest nutritional data available from the USDA as well as nutritional data provided by food manufacturers about their products. Variations may occur due to product availability and food preparation. If you have a food allergy, please note that many of our menu items may potentially come in contact with other allergens. This site is not a substitute for the services of a trained health professional.